

FOREST HILLS BASKETBALL LEAGUE
2024 SEASON -BASKETBALL BASICS

Our **Basketball Basics** program teaches children ages 5 and 6 the basic skills and understanding needed to play and enjoy the game. Our instructors are experienced and they bring to each session the creativity needed to make it fun and informative. The schedule consists of 12 Saturday sessions lasting approx. 50 minutes each. Our program will be held in **P.S. 174** located on Ellwell Crescent between Alderton St & 65 Drive, Rego Park. Look for the stairway outside the bldg that leads directly into the gym.

Our schedule for Basketball Basics 2024 season is:

November 9, 16, 23

December 7, 14, 21

January 4, 11, 18, 25

February 1, 8

You will be notified of the time of your child's Saturday sessions after registration is finished but you can expect it to be sometime between 9 a.m – 1 pm on Saturdays.

All children will be provided with a T -shirt that must be worn at each session. These T shirts let us know that your child is properly registered with our league and also lets the instructors know that your child is in the right group since the shirts are **color specific** to each hour. Parents who request that their child be reassigned to a different time slot from the one they were originally assigned to, must order and pay for the T shirt of that new group before the child will be allowed to switch. Parents must provide their child with basketball shorts (shorts without pockets) and basketball sneakers (no tennis sneakers, no shoes, no sandals, no cleats). We will provide every player with a basketball at the start of the season. Our basketball hoops are adjustable to different heights to accommodate the young age of these children.

Only registered players can participate in the league. A player's friends will not be allowed to 'drop in' for that day.

If you have a younger child that you will be bringing to the gymnasium, please be sure to keep an eye on him/her for their own safety and bring something for them to do while your older child is participating. Younger children must stay off the court for their own protection.

If you have any questions you may contact the League Director via e-mail at FHYAABASKETBALL@GMAIL.COM or visit our website: WWW.FHYAA.COM